Information for Patients and Clients: Strike Activity November 17-18

On November 17 to 18, a limited number of unionized employees at UC San Diego Health will be on strike. This strike action is related to contract negotiations between the unions representing the Patient Care Technical (EX) and Service (SX) bargaining units of the American Federation of State, County and Municipal Employees (AFSCME). It affects all UC Health Systems, student health centers and campuses, including UC San Diego Health.

Rest assured, Student Health and Well-Being will remain open during its regularly scheduled hours of operation. The care of our students, patients, and clients is our highest priority. Below is important information:

Counseling and Psychological Services (CAPS)

- CAPS Central Office at Galbraith Hall 190 will be open for crisis services (via walkin, virtual video visits or phone visits) from 8 a.m. to 4 p.m.
- Staff will be available to respond to inquiries from students, staff faculty and campus partners during this time.
- After business hours, CAPS after-hours service will be available by calling 858-534-3755 (select option 2).
- Additional resources include the following:
 - Call or text 988 the lifeline for behavioral health crisis and suicide prevention
 - Crisis Text Line text HOME to 741741 anytime, 24/7
 - Visit https://caps.ucsd.edu for additional information

• Student Health Services (SHS)

- SHS will maintain regular hours with appointments continuing as scheduled in Primary Care, Reproductive Health, Urgent Care, Social Work, Nutrition and Optometry. Lab, Pharmacy and X-ray will continue to provide support services.
- Availability of services is subject to change based on day-of staffing.
- Additional information available at https://studenthealth.ucsd.edu.

Triton CORE

 Triton CORE will continue to operate and respond to welfare checks for students experiencing behavioral health crises from 9 a.m. to 5:30 p.m. Please call nonemergency at (858) 534-HELP.

- Triton CORE Manager will also be available for phone consultations from 5:30 to 10 p.m.
- In addition, students will have access to the CAPS after-hours line. Call 858-534-3755 (select option 2).
- For behavioral health crises that occur after hours, 988 is available as well as the Text Line (text HOME to 741741) anytime, 24/7.
- Visit https://tritoncore.ucsd.edu for more information.

Health Promotion Services (HPS)

- Health Promotion Services will provide services as normal. Appointments can be scheduled online through <u>MyStudentChart</u>.
- o Events are listed on our calendar at healthpromotion.ucsd.edu.
- The Zone well-being lounge in Price Center Plaza will be open and the Condom Concierge and Naloxone Distribution will have normal hours throughout the week.
- For questions about services, please contact us at https://health.ucsd.edu or visit
 https://healthpromotion.ucsd.edu

Thank you for your continued partnership and collaboration.

Edward Junkins, M.D., M.P.H.

Executive Director
Student Health and Well-Being

Reina Juarez, Ph.D.

Director

Counseling and Psychological Services (CAPS)

Karin Omark, M.P.H, Ed.M.

Director

Health Promotions Services

Stacie San Miguel, M.D.

Director of Medical Services Student Health Services